

transformational group coaching



Six Month Program

MAXIMIZE YOUR POTENTIAL | ACHIEVE YOUR
PERSONAL & PROFESSIONAL GOALS

MOBILE MEETINGS

- Three 75-minute group calls per month
- One 30 minute one on one call with your coach
- A monthly guest speaker series featuring leading industry experts

TOOLS & RESOURCES

- Personal behavior profile
- Goals and objectives assessment
- 7-dimensional life analysis tool
- Access to our free e-book library
- Exclusive online network

PROFESSIONALLY LEAD

BY MARGARET MARTIN

Margaret has been coaching executives for 15 years and is a professional development specialist with more than 30 years of experience.

What's holding you back?

Time, money, fear, stress, lack of prioritization – **in other words YOU**. Learn how to get out of your own way.

Why do you need a coach?

According to a 2009 International Coaching Federation survey the top results from coaching are greater self awareness (68%), smarter goal setting (62%), work/life balance (61%), lower stress (57%), greater confidence (52%), improved quality of life (43%), enhanced communication skills (40%), etc. – **who couldn't use more of all that?** And your coach and group will help you get there.

Transformational Group Coaching will...

- Help you set goals, define your values & priorities
- Offer accountability, experience & knowledge from your coach & group
- Teach you about stress relief & time efficiency
- Offer you motivation & renewed energy to be more productive

\$2,850 for six month program | \$250 discount for advance payment

refer a friend and earn cash

to sign up call 866-611-0638 or visit www.roottheory.com